



BILANS CHIFFRES NATATION COURSE

CHIFFRES COMPETITIONS 2017 2018

32 nageurs engagés sur le niveau national Elite

2 sélections internationales-4 meetings internationaux

CF ttes catégories PB/ Podium 3^{ème}

Critérium 16 ans et plus / 1 titre, 3 places de 2^{ème}, 3 places de 3^{ème}

3eme place CF 15 ans et moins

TLZ 3 nageurs dans le TOP 20

RECORD REGIONAUX ACTUALISES EN 2017-2018

5 records toutes catégories en 50 m / 1 en bassin de 25 m

15 records régionaux par année d'âge

TAUX DE REUSSITE COMPETITIONS (Amélioration de la meilleure performance individuelle)

	N1	CF PROMO	CRIT 16A & +	CF 15A & -	Promotionnel Été	L. ZINS	
REGION	31 %	43,46 %	30,90%	42,10%	45,00%	90,60%	47,32%
France	41,40%	40,01 %	21,60%	52,93%	30,70%	71,35%	42,94 %

CHIFFRES COMPETITEURS CLASSEMENT NATIONAL DES CLUBS

SAISON	2017-2018	2016-17	2015-16	2014-15	2013-14	2012-13	2011-12	2010-11
Centre Val de Loire	2178	2296	2671	2721	2847	2897	3178	3133
	-118	-375	-50	-126	-50	-281	45	

EVOLUTION DES PERFORMANCES MASCULINES CENTRE VAL DE LOIRE / FRANCE

Rang	Evolution France								Evolution Région Centre Val de Loire										Rang	Ecart Meilleure perf française/Centre											
50 NL	2002	2009	2010	2012	2015	2016	2017	2018	2002	2003	2004	2005	2006	2007	2008	2009	2010	2012	2015	2106	2017	2018	50 NL	2002	2009	2010	2012	2015	2016	2017	2018
1	00:22,57	00:20,94	00:21,36	00:21,34	00:21,19	00:21,32	00:22,31	00:22,13	00:24,91	00:24,97	00:24,75	00:24,58	00:24,46	00:24,13	00:24,34	00:23,89	00:24,09	00:23,07	00:23,69	00:23,23	00:22,70	00:22,96	1	00:02,34	00:02,95	00:02,73	00:01,73	00:02,50	00:01,91	00:00,39	00:00,83
2	00:22,81	00:21,23	00:21,75	00:21,80	00:22,08	00:22,09	00:22,59	00:22,14	00:25,48	00:25,06	00:24,98	00:24,78	00:25,03	00:25,10	00:24,51	00:24,12	00:24,13	00:24,30	00:23,85	00:23,58	00:23,57	00:23,09	2	00:02,67	00:02,89	00:02,38	00:02,50	00:01,77	00:01,49	00:00,98	00:00,95
3	00:22,83	00:21,25	00:21,99	00:21,93	00:22,13	00:22,16	00:22,70	00:22,30	00:25,54	00:25,07	00:25,13	00:24,93	00:25,08	00:25,13	00:25,00	00:24,34	00:24,35	00:24,50	00:24,29	00:24,33	00:24,04	00:24,22	3	00:02,71	00:03,09	00:02,36	00:02,57	00:02,16	00:02,17	00:01,34	00:01,92
8	00:23,34	00:22,55	00:22,81	00:22,87	00:22,71	00:22,57	00:22,92	00:22,87	00:25,87	00:25,53	00:25,59	00:25,22	00:25,45	00:25,42	00:25,31	00:25,01	00:25,22	00:25,85	00:25,45	00:25,01	00:25,04	00:25,16	8	00:02,53	00:02,46	00:02,41	00:02,98	00:02,74	00:02,44	00:02,12	00:02,29
16	00:23,64	00:22,97	00:23,39	00:23,29	00:23,08	00:23,09	00:23,29	00:23,21	00:26,15	00:25,88	00:25,92	00:26,04	00:25,73	00:25,74	00:25,86	00:25,77	00:26,15	00:26,12	00:25,70	00:25,86	00:25,67	00:25,56	16	00:02,51	00:02,80	00:02,76	00:02,93	00:02,62	00:02,77	00:02,38	00:02,35
100 NL	00:23,04	00:21,79	00:22,26	00:22,23	00:22,24	00:22,25	00:22,76	00:22,53	00:25,59	00:25,30	00:25,27	00:25,11	00:25,15	00:25,10	00:25,00	00:24,63	00:24,79	00:24,77	00:24,60	00:24,40	00:24,20	00:24,20	100 NL	00:02,55	00:02,84	00:02,53	00:02,54	00:02,36	00:02,16	00:01,44	00:01,67
1	00:49,32	00:46,94	00:48,32	00:47,84	00:48,37	00:47,97	00:47,65	00:48,24	00:54,4	00:53,98	00:53,63	00:53,44	00:53,26	00:53,20	00:52,86	00:52,77	00:53,12	00:52,03	00:52,17	00:51,14	00:50,56	00:50,22	1	00:05,12	00:05,83	00:04,80	00:04,19	00:03,80	00:03,17	00:02,91	00:01,98
2	00:50,12	00:47,15	00:48,47	00:48,13	00:48,50	00:47,98	00:48,68	00:48,88	00:54,9	00:54,09	00:53,66	00:53,70	00:53,97	00:54,01	00:53,70	00:53,04	00:53,27	00:53,04	00:52,82	00:52,01	00:51,86	00:50,50	2	00:04,76	00:05,89	00:04,80	00:04,91	00:04,32	00:04,03	00:03,18	00:01,62
3	00:50,25	00:47,73	00:48,56	00:48,38	00:48,53	00:48,01	00:49,03	00:49,02	00:55,5	00:54,43	00:53,75	00:54,24	00:53,97	00:54,48	00:53,89	00:53,77	00:53,34	00:53,73	00:53,41	00:52,84	00:52,04	00:53,51	3	00:05,23	00:06,04	00:04,78	00:05,35	00:04,88	00:04,83	00:03,01	00:04,49
8	00:51,01	00:49,24	00:49,34	00:49,17	00:49,20	00:49,32	00:50,12	00:49,81	00:56,1	00:55,59	00:55,63	00:55,48	00:54,93	00:55,82	00:55,37	00:54,62	00:55,96	00:56,71	00:55,16	00:55,34	00:54,66	00:55,05	8	00:05,11	00:05,38	00:06,62	00:07,54	00:05,96	00:06,02	00:04,54	00:05,24
16	00:51,95	00:50,29	00:51,10	00:50,30	00:50,64	00:50,20	00:50,62	00:50,45	00:57,1	00:56,40	00:56,57	00:56,61	00:56,63	00:56,61	00:56,18	00:57,57	00:57,29	00:56,47	00:56,29	00:56,48	00:56,21	00:56,21	16	00:05,19	00:05,89	00:06,47	00:06,99	00:05,83	00:06,09	00:05,86	00:05,76
200 NL	00:50,53	00:48,27	00:49,16	00:48,76	00:49,05	00:48,70	00:49,22	00:49,28	00:55,6	00:54,90	00:54,65	00:54,69	00:54,55	00:54,82	00:54,38	00:54,08	00:54,65	00:54,56	00:54,01	00:53,52	00:53,12	00:53,10	200 NL	00:05,08	00:05,81	00:05,49	00:05,80	00:04,96	00:04,83	00:03,90	00:03,82
1	01:48,80	01:47,02	01:45,83	01:43,14	01:45,97	01:46,18	01:47,34	01:47,48	02:01,72	01:58,49	01:55,45	01:55,19	01:54,45	01:56,68	01:57,28	01:56,05	01:56,18	01:56,00	01:58,31	01:55,55	01:54,73	01:55,39	1	00:12,92	00:09,03	00:10,35	00:12,86	00:12,34	00:09,37	00:07,39	00:07,91
2	01:51,20	01:47,30	01:48,06	01:46,70	01:47,96	01:46,56	01:48,15	01:47,97	02:02,52	02:00,11	01:56,27	01:59,52	01:59,35	01:57,92	01:58,10	01:57,40	01:59,54	01:58,70	01:55,79	01:56,36	01:55,79	01:55,79	2	00:11,32	00:10,80	00:09,34	00:12,84	00:10,74	00:09,23	00:08,21	00:07,82
3	01:51,33	01:47,91	01:48,36	01:46,77	01:48,11	01:46,99	01:48,66	01:48,12	02:03,13	02:01,71	01:58,94	01:58,34	02:00,19	01:59,68	01:59,35	01:58,48	01:59,02	02:01,00	01:59,12	01:57,76	01:56,36	01:55,90	3	00:11,80	00:10,57	00:10,66	00:14,23	00:11,01	00:10,77	00:07,70	00:07,78
8	01:52,42	01:48,56	01:50,34	01:49,52	01:49,36	01:49,51	01:50,48	01:49,38	02:04,56	02:04,65	02:03,19	02:00,62	02:01,23	02:01,54	02:00,39	02:00,73	02:03,84	02:05,09	02:02,55	02:00,60	02:01,61	01:59,94	8	00:12,14	00:12,17	00:13,50	00:15,57	00:13,19	00:11,09	00:11,13	00:10,56
16	01:53,50	01:51,28	01:51,82	01:51,57	01:51,39	01:50,94	01:51,48	01:50,98	02:07,78	02:09,49	02:07,53	02:05,46	02:02,28	02:05,99	02:03,44	02:04,44	02:07,98	02:06,90	02:03,80	02:03,47	02:04,35	02:02,52	16	00:14,28	00:13,16	00:16,16	00:15,33	00:12,41	00:12,53	00:12,87	00:11,54
400 NL	01:51,45	01:48,41	01:48,88	01:47,54	01:48,56	01:48,04	01:49,22	01:48,79	02:03,94	02:02,89	02:00,28	01:59,26	01:59,53	02:00,65	01:59,68	01:59,56	02:00,88	02:01,71	02:00,50	01:58,63	01:58,68	01:57,91	400 NL	00:12,49	00:11,15	00:12,00	00:14,17	00:11,94	00:10,60	00:09,46	00:09,12
1	03:51,11	03:46,28	03:46,17	03:46,14	03:48,86	03:45,43	03:49,29	03:48,81	04:22,62	04:12,22	04:10,22	04:05,74	04:01,57	04:13,34	04:09,22	04:09,87	04:16,16	04:20,33	04:07,86	04:07,19	04:05,72	04:00,21	1	00:31,51	00:23,59	00:29,99	00:34,19	00:19,00	00:21,76	00:16,43	00:11,40
2	03:52,98	03:48,17	03:48,57	03:49,15	03:49,66	03:50,70	03:50,43	03:49,19	04:23,40	04:19,84	04:13,64	04:08,38	04:15,86	04:14,12	04:13,00	04:13,12	04:17,70	04:21,28	04:08,12	04:08,12	04:10,92	04:05,81	2	00:30,42	00:24,95	00:29,13	00:32,13	00:18,40	00:17,42	00:20,49	00:16,62
3	03:57,13	03:48,39	03:50,79	03:50,15	03:51,02	03:51,69	03:50,65	03:50,00	04:24,93	04:22,37	04:19,46	04:16,25	04:16,17	04:15,67	04:18,01	04:15,63	04:18,00	04:27,99	04:15,55	04:11,20	04:11,73	04:08,02	3	00:27,80	00:27,24	00:27,21	00:37,84	00:24,53	00:19,51	00:21,08	00:18,02
8	04:00,10	03:54,95	03:55,49	03:55,61	03:53,83	03:55,21	03:53,75	03:51,71	04:29,61	04:31,03	04:33,78	04:25,06	04:20,68	04:22,25	04:22,84	04:20,80	04:27,86	04:31,57	04:22,76	04:14,55	04:19,21	04:18,10	8	00:29,51	00:25,85	00:32,37	00:35,96	00:28,99	00:19,34	00:25,46	00:26,39
16	04:03,23	03:56,90	03:58,08	03:56,42	03:57,25	03:56,95	03:56,49	03:55,83	04:41,73	04:48,08	04:45,74	04:33,14	04:37,06	04:31,89	04:30,12	04:27,45	04:37,80	04:36,39	04:28,95	04:26,63	04:27,13	04:28,37	16	00:38,50	00:30,55	00:39,72	00:39,97	00:31,70	00:29,68	00:30,64	00:32,54
1500 NL	03:56,91	03:50,94	03:51,82	03:51,49	03:52,12	03:52,00	03:52,12	03:51,11	04:28,46	04:26,71	04:24,57	04:17,71	04:18,27	04:19,45	04:20,05	04:17,37	04:23,50	04:27,51	04:16,64	04:13,54	04:14,94	04:12,10	1500 NL	00:31,55	00:26,44	00:31,68	00:36,02	00:24,51	00:21,54	00:22,82	00:20,99
1	15:10,66	14:57,42	14:55,17	15:01,43	14:58,79	14:48,45	14:55,46	14:53,52	17:18,18	16:56,82	16:30,79	16:31,92	16:58,75	16:38,79	16:23,98	16:28,89	16:52,47	17:19,71	16:14,54	16:28,12	16:03,06	16:17,48	1	02:07,52	01:31,47	01:57,30	02:18,28	01:15,75	01:39,67	01:07,60	01:23,96
2	15:21,96	15:06,14	15:14,38	15:02,43	15:09,21	15:06,31	15:05,08	15:01,85	17:59,59	17:36,52	18:12,40	17:14,49	17:17,73	17:11,47	17:09,27	16:58,36	16:54,75	17:31,99	16:29,72	16:45,11	16:18,72	16:21,31	2	02:37,63	01:52,22	01:40,37	02:29,56	01:20,51	01:38,80	01:13,64	01:19,46
3	15:42,35	15:10,76	15:22,54	15:13,31	15:07,41	15:05,67	15:04,84	15:04,84	18:03,81	18:23,37	18:21,95	17:20,81	17:22,98	17:23,20	17:17,90	17:06,87	17:23,93	17:37,43	16:37,26	16:52,00	16:41,75	16:41,06	3	02:21,46	01:56,11	02:01,39	02:27,34	01:23,95	01:44,59	01:36,08	01:36,22
8	15:54,46	15:36,32	15:41,65	15:33,52	15:31,12	15:27,69	15:34,13	15:23,91	19:20,83	20:15,79	18:56,94	18:35,43	18:44,23	18:02,40	17:35,04	17:40,48	18:32,11	18:11,81	17:32,40	17:21,60	17:39,20	17:25,40	8	03:26,37	02:04,16	02:50,46	02:38,29	02:01,28	01:53,91	02:05,07	02:01,49
16	16:14,95	15:49,54	15:51,81	15:42,93	15:44,97	15:45,00	15:47,10	15:39,65	20:32,49	19:29,18	18:29,91	18:17,17	18:14,59	19:39,18	18:58,15	18:27,98	18:31,43	18:50,14	18:53,78	18:53,78	18:53,78	18:									

Evolution France									Evolution Région Centre Val de Loire														Ecart Meilleure perf francaise/Centre									
Rang	2002	2009	2010	2012	2015	2016	2017	2018	2002	2003	2004	2005	2006	2007	2008	2009	2010	2012	2015	2016	2017	2018	Rang	2002	2009	2010	2012	2015	2016	2017	2018	
50 dos	1	00:26,38	00:24,46	00:24,07	00:24,81	00:24,23	00:24,67	00:24,30	00:24,83	00:28,92	00:28,47	00:28,48	00:28,25	00:28,23	00:28,42	00:28,51	00:28,70	00:27,17	00:27,47	00:28,31	00:27,78	00:28,26	00:27,85	1	00:02,54	00:04,24	00:03,10	00:02,66	00:04,08	00:03,11	00:03,96	00:03,02
	2	00:26,66	00:24,88	00:25,02	00:25,14	00:24,70	00:24,92	00:24,61	00:25,45	00:29,04	00:29,20	00:28,77	00:28,34	00:28,30	00:28,68	00:28,92	00:29,30	00:28,82	00:28,73	00:29,26	00:28,33	00:28,42	00:28,17	2	00:02,38	00:04,42	00:03,80	00:03,59	00:04,56	00:03,41	00:03,81	00:02,72
	3	00:26,67	00:25,03	00:25,62	00:25,62	00:24,77	00:25,44	00:25,42	00:25,47	00:29,48	00:29,41	00:29,35	00:28,70	00:28,40	00:28,77	00:29,05	00:29,47	00:28,89	00:29,06	00:29,66	00:28,58	00:28,77	00:28,39	3	00:02,81	00:04,44	00:03,27	00:03,67	00:04,89	00:03,14	00:03,35	00:02,92
	8	00:27,77	00:26,28	00:26,32	00:26,28	00:25,90	00:26,00	00:25,98	00:25,81	00:30,61	00:30,25	00:30,53	00:29,85	00:29,45	00:30,03	00:30,02	00:30,11	00:30,46	00:30,11	00:30,18	00:29,82	00:29,25	00:29,00	8	00:02,84	00:03,83	00:04,14	00:03,83	00:04,28	00:03,82	00:03,27	00:03,19
	16	00:28,29	00:27,30	00:27,04	00:26,86	00:26,51	00:26,53	00:26,43	00:26,46	00:31,92	00:32,13	00:32,13	00:31,19	00:31,02	00:31,10	00:30,78	00:30,88	00:31,66	00:30,76	00:30,63	00:30,71	00:30,02	00:29,85	16	00:03,63	00:03,58	00:04,62	00:03,90	00:04,12	00:04,18	00:03,59	00:03,39
100 dos	1	00:27,15	00:25,59	00:25,61	00:25,70	00:25,22	00:25,51	00:25,35	00:25,60	00:29,99	00:29,89	00:29,88	00:29,27	00:29,08	00:29,40	00:29,46	00:29,69	00:29,60	00:29,23	00:29,61	00:29,04	00:28,94	00:28,65	100 dos	00:02,84	00:04,10	00:03,79	00:03,53	00:04,39	00:03,53	00:03,60	00:03,05
	1	00:54,89	00:53,16	00:52,11	00:52,75	00:52,48	00:52,70	00:54,74	00:54,37	01:02,18	01:00,15	00:59,47	00:59,74	01:00,32	01:00,93	01:00,53	01:00,34	00:59,38	00:58,73	01:02,08	01:00,69	00:59,99	01:00,39	1	00:07,29	00:07,18	00:07,27	00:05,98	00:09,60	00:07,99	00:05,25	00:06,02
	2	00:55,37	00:53,27	00:53,44	00:53,98	00:53,46	00:54,44	00:54,78	00:54,39	01:02,61	01:01,30	01:01,53	01:00,68	01:00,74	01:01,12	01:02,62	01:01,70	01:02,32	01:01,53	01:02,20	01:01,02	01:01,74	01:02,21	2	00:07,24	00:08,43	00:08,88	00:07,55	00:08,74	00:06,58	00:06,96	00:07,82
	3	00:56,91	00:53,55	00:54,26	00:54,04	00:54,50	00:54,89	00:54,94	00:54,48	01:02,86	01:03,37	1.02.21	01:02,18	01:01,32	01:01,24	01:03,12	01:02,63	01:02,44	01:03,91	01:03,48	01:01,82	01:02,56	01:02,31	3	00:05,95	00:09,08	00:08,18	00:09,87	00:08,98	00:06,93	00:07,62	00:07,83
	8	00:59,26	00:56,85	00:56,37	00:55,81	00:56,04	00:56,00	00:55,98	00:55,93	01:05,08	01:04,91	01:04,31	01:03,36	01:03,35	01:03,93	01:04,73	01:05,54	01:06,60	01:05,53	01:05,31	01:03,94	01:03,23	01:03,71	8	00:05,82	00:08,69	00:10,23	00:09,72	00:09,27	00:07,94	00:07,25	00:07,78
	16	00:59,80	00:57,50	00:58,05	00:57,88	00:57,30	00:57,30	00:56,97	00:56,67	01:08,86	01:07,90	01:07,90	01:08,19	01:06,64	01:06,92	01:06,73	01:06,92	01:09,48	01:07,88	01:07,46	01:05,43	01:05,74	01:05,45	16	00:09,06	00:09,42	00:11,43	00:10,00	00:10,16	00:08,13	00:08,77	00:08,78
200 dos	1	00:57,25	00:54,87	00:54,85	00:54,89	00:54,76	00:55,07	00:55,48	00:55,17	01:04,32	01:03,53	01:03,30	01:02,83	01:02,47	01:02,83	01:03,55	01:03,43	01:04,04	01:03,52	01:04,11	01:02,58	01:02,65	01:02,81	200 dos	00:07,07	00:08,56	00:09,20	00:08,62	00:09,35	00:07,51	00:07,17	00:07,65
	1	01:58,89	01:56,64	01:57,37	01:56,39	01:58,45	01:57,04	01:58,65	01:58,65	02:11,44	02:08,11	02:08,91	02:08,76	02:11,97	02:12,04	02:16,70	02:15,21	02:17,65	02:18,66	02:11,88	02:10,85	02:07,41	02:11,08	1	00:12,55	00:18,57	00:20,28	00:22,27	00:13,43	00:12,37	00:10,37	00:12,43
	2	02:02,73	01:57,59	01:58,54	01:58,42	01:59,07	02:00,03	01:58,72	01:58,76	02:13,80	02:13,68	02:11,00	02:10,68	02:13,27	02:14,13	02:17,99	02:19,60	02:18,62	02:19,31	02:15,70	02:17,59	02:12,11	02:13,35	2	00:11,07	00:22,01	00:20,08	00:20,89	00:16,63	00:17,56	00:13,39	00:14,59
	3	02:03,98	01:57,90	02:00,44	02:01,31	02:00,24	02:00,03	02:00,25	01:59,53	02:15,69	02:16,96	02:17,02	02:17,45	02:13,86	02:14,64	02:18,75	02:19,92	02:18,99	02:19,82	02:17,00	02:18,00	02:14,44	02:14,28	3	00:11,71	00:22,02	00:18,55	00:18,51	00:16,76	00:17,97	00:14,19	00:14,75
	8	02:07,93	02:04,26	02:03,27	02:03,50	02:03,22	02:04,28	02:02,04	02:01,71	02:24,26	02:23,89	02:21,65	02:22,31	02:22,81	02:18,73	02:23,59	02:24,19	02:26,10	02:25,07	02:20,62	02:20,86	02:18,24	02:20,30	8	00:16,33	00:19,93	00:22,83	00:21,57	00:17,40	00:16,58	00:16,20	00:18,59
	16	02:09,18	02:06,27	02:07,10	02:06,37	02:04,88	02:05,78	02:04,47	02:03,93	02:33,07	02:29,78	02:32,50	02:33,18	02:32,91	02:28,74	02:29,73	02:28,41	02:33,06	02:30,13	02:27,03	02:26,81	02:23,40	02:27,13	16	00:23,89	00:22,14	00:25,96	00:23,76	00:22,15	00:21,03	00:18,93	00:23,20
50 brasse	1	02:04,54	02:00,53	02:01,34	02:01,20	02:01,17	02:01,72	02:00,50	02:00,52	02:19,65	02:18,48	02:18,22	02:18,48	02:18,96	02:17,66	02:21,35	02:21,47	02:22,88	02:22,60	02:18,45	02:18,82	02:15,12	02:17,23	50 brasse	00:15,11	00:20,93	00:21,54	00:21,40	00:17,27	00:17,10	00:14,62	00:16,71
	1	00:28,11	00:27,36	00:28,10	00:27,77	00:27,42	00:27,92	00:27,80	00:27,80	00:30,44	00:30,57	00:30,38	00:30,09	00:30,18	00:30,10	00:30,11	00:29,97	00:29,80	00:30,42	00:30,74	00:30,96	00:30,18	00:30,08	1	00:02,33	00:02,61	00:01,70	00:02,65	00:03,32	00:03,34	00:02,26	00:02,28
	2	00:28,73	00:27,48	00:28,11	00:28,42	00:27,91	00:28,18	00:28,15	00:28,30	00:30,96	00:30,75	00:30,67	00:30,46	00:30,47	00:30,36	00:30,56	00:30,25	00:31,07	00:30,58	00:31,11	00:31,02	00:30,19	00:30,17	2	00:02,23	00:02,77	00:02,96	00:02,16	00:03,20	00:02,84	00:02,04	00:01,87
	3	00:28,78	00:27,82	00:28,13	00:28,57	00:28,23	00:28,24	00:28,30	00:28,38	00:31,23	00:31,01	00:31,09	00:30,79	00:30,85	00:30,85	00:31,09	00:30,52	00:31,09	00:31,43	00:31,17	00:31,10	00:30,84	00:30,18	3	00:02,45	00:02,70	00:02,96	00:02,86	00:02,94	00:02,54	00:01,80	00:01,80
	8	00:29,33	00:28,95	00:29,12	00:28,85	00:28,47	00:28,49	00:29,04	00:28,63	00:32,56	00:32,01	00:32,70	00:32,54	00:31,98	00:31,78	00:32,14	00:32,61	00:32,53	00:32,98	00:31,68	00:31,96	00:31,50	00:31,81	8	00:03,23	00:03,66	00:03,41	00:04,13	00:03,21	00:03,47	00:02,46	00:03,18
	16	00:29,83	00:29,31	00:29,43	00:29,27	00:28,83	00:28,91	00:29,17	00:29,05	00:34,3	00:33,7	00:34,3	00:33,4	00:33,0	00:33,4	00:33,2	00:33,6	00:34,2	00:33,8	00:33,0	00:32,8	00:32,4	00:32,3	16	00:04,44	00:04,29	00:04,77	00:04,55	00:04,13	00:03,93	00:03,26	00:03,26
100 brasse	1	01:01,04	00:58,64	01:00,15	01:00,59	01:00,31	01:01,28	01:00,61	00:59,46	01:06,88	01:06,78	01:06,94	01:06,42	01:06,51	01:07,84	01:07,07	01:04,54	01:06,44	01:06,78	01:08,07	01:08,18	01:06,57	01:05,69	100 brasse	00:02,94	00:03,21	00:03,16	00:03,27	00:03,36	00:03,29	00:02,51	00:02,48
	2	01:02,27	01:00,80	01:01,73	01:01,35	01:01,32	01:01,35	01:01,80	01:01,56	01:07,09	01:07,60	01:07,02	01:07,05	01:07,13	01:08,22	01:07,83	01:06,44	01:08,60	01:07,64	01:08,92	01:08,45	01:07,08	01:06,68	2	00:04,82	00:05,64	00:06,87	00:06,29	00:07,60	00:07,10	00:05,28	00:05,12
	3	01:02,57	01:00,90	01:02,33	01:02,21	01:01,70	01:01,46	01:01,87	01:01,83	01:08,04	01:07,62	01:07,21	01:08,75	01:08,59	01:08,81	01:08,24	01:07,87	01:01,28	01:08,00	01:09,27	01:08,82	01:07,14	01:07,26	3	00:05,47	00:06,97	00:07,05	00:05,79	00:07,57	00:07,36	00:05,27	00:05,43
	8	01:04,48	01:02,97	01:03,68	01:03,18	01:02,49	01:02,60	01:02,88	01:02,80	01:11,10	01:11,10	01:11,52	01:13,01	01:10,49	01:09,93	01:11,93	01:13,46	01:12,57	01:13,63	01:10,04	01:10,88	01:09,44	01:10,32	8	00:06,62	00:10,49	00:08,89	00:10,45	00:07,55	00:08,28	00:06,56	00:07,52
	16	01:05,07	01:04,60	01:05,07	01:04,05	01:03,66	01:03,74	01:04,05	01:03,62	01:16,51	01:15,25	01:15,22	01:13,99	01:13,37	01:13,47	01:14,76	01:15,02	01:15,36	01:15,73	01:14,67	01:14,72	01:12,37	01:12,24	16	00:11,44	00:10,42	00:10,29	00:11,68	00:11,01	00:10,98	00:08,32	00:08,62
200 brasse	1	01:03,09	01:01,58	01:02,59	01:02,28	01:01,90	01:02,09	01:02,24	01:01,85	01:09,92	01:09,67	01:09,58	01:09,84	01:09,22	01:09,65	01:09,97	01:09,47	01:08,85	01:10,36													

Rang	Evolution France								Evolution Région Centre Centre Val de Loire																Rang	Ecart Meilleure perf française/Centre							
50 papillon	2002	2009	2010	2012	2015	2016	2017	2018	2002	2003	2004	2005	2006	2007	2008	2009	2010	2012	2015	2016	2017	2018	2018	2002	2009	2010	2012	2015	2016	2017	2018		
1	00:24,62	00:22,84	00:23,30	00:23,30	00:22,84	00:23,44	00:23,58	00:23,63	00:26,24	00:25,95	00:26,35	00:25,75	00:25,83	00:25,68	00:25,85	00:25,25	00:25,15	00:25,08	00:25,46	00:24,52	00:24,03	00:24,14	1	00:01,62	00:02,41	00:01,85	00:01,78	00:02,62	00:01,08	00:00,45	00:00,51		
2	00:24,68	00:22,94	00:23,92	00:23,51	00:23,47	00:23,54	00:23,68	00:23,64	00:26,59	00:26,73	00:26,46	00:26,38	00:26,40	00:26,09	00:25,89	00:25,32	00:25,35	00:25,72	00:25,96	00:25,35	00:25,28	00:24,89	2	00:01,91	00:02,38	00:01,43	00:02,21	00:02,49	00:01,81	00:01,60	00:01,25		
3	00:24,85	00:23,44	00:24,11	00:23,72	00:23,69	00:23,72	00:23,83	00:23,96	00:27,15	00:26,73	00:27,11	00:26,40	00:26,53	00:26,10	00:26,01	00:25,33	00:25,46	00:25,77	00:26,38	00:25,82	00:25,54	00:25,33	3	00:02,30	00:01,89	00:01,35	00:02,05	00:02,69	00:02,10	00:01,71	00:01,37		
8	00:25,32	00:24,33	00:24,67	00:24,49	00:24,16	00:24,32	00:24,30	00:24,21	00:27,34	00:27,33	00:27,22	00:27,00	00:26,95	00:27,04	00:27,59	00:27,26	00:27,04	00:26,94	00:27,20	00:26,82	00:26,76	00:26,90	8	00:02,02	00:02,93	00:02,37	00:02,45	00:03,04	00:02,50	00:02,46	00:02,69		
16	00:25,75	00:24,89	00:25,16	00:24,84	00:24,72	00:24,79	00:24,58	00:24,53	00:28,77	00:27,99	00:28,24	00:27,29	00:27,47	00:27,72	00:28,41	00:27,88	00:28,01	00:27,63	00:27,81	00:27,65	00:27,37	16	00:03,02	00:02,99	00:02,85	00:02,79	00:03,09	00:03,02	00:03,07	00:02,84			
100 papill	00:25,04	00:23,69	00:24,23	00:23,97	00:23,78	00:23,96	00:23,99	00:23,99	00:27,22	00:26,95	00:27,08	00:26,56	00:26,64	00:26,53	00:26,75	00:26,21	00:26,20	00:26,23	00:26,56	00:26,06	00:25,85	00:25,73	100 papill	00:02,17	00:02,52	00:01,97	00:02,26	00:02,79	00:02,10	00:01,86	00:01,79		
1	00:52,67	00:51,42	00:53,02	00:52,48	00:51,24	00:51,58	00:51,06	00:51,24	00:59,00	00:58,10	00:58,62	00:58,09	00:57,68	00:57,11	00:56,78	00:55,88	00:56,27	00:56,67	00:56,44	00:55,09	00:55,55	00:54,82	1	00:06,33	00:04,46	00:03,25	00:04,19	00:05,20	00:03,51	00:04,49	00:03,58		
2	00:54,09	00:52,48	00:53,51	00:52,70	00:53,14	00:51,66	00:53,28	00:52,59	00:59,62	00:58,88	00:58,77	00:58,12	00:58,07	00:57,60	00:57,74	00:57,46	00:57,50	00:57,19	00:56,92	00:56,01	00:55,82	00:55,22	2	00:05,53	00:04,98	00:03,99	00:04,49	00:03,78	00:04,35	00:02,54	00:02,63		
3	00:54,76	00:53,00	00:53,64	00:52,89	00:53,52	00:53,20	00:53,52	00:52,61	00:59,78	00:59,22	00:58,90	00:58,59	00:58,34	00:59,19	00:59,15	00:58,17	00:57,53	00:57,45	00:57,77	00:56,16	00:56,57	00:55,88	3	00:05,02	00:05,17	00:03,89	00:04,56	00:04,25	00:02,96	00:03,05	00:03,27		
8	00:55,64	00:53,87	00:54,30	00:54,22	00:54,41	00:53,70	00:54,15	00:54,01	01:01,77	01:01,09	01:01,22	00:59,44	01:00,24	01:01,18	01:01,82	01:00,96	01:01,27	00:59,85	01:01,51	01:00,18	00:59,51	00:59,77	8	00:06,13	00:07,09	00:06,97	00:05,63	00:07,10	00:06,48	00:05,36	00:05,76		
16	00:56,53	00:55,04	00:55,79	00:55,29	00:55,48	00:54,93	00:55,06	00:54,48	01:05,78	01:02,96	01:03,64	01:01,98	01:02,24	01:02,83	01:03,93	01:03,32	01:05,96	01:02,23	01:02,85	01:02,18	01:02,12	01:01,68	16	00:09,25	00:08,28	00:10,17	00:06,94	00:07,37	00:07,25	00:07,06	00:07,20		
200 papill	00:54,74	00:53,16	00:54,05	00:53,52	00:53,56	00:53,01	00:53,41	00:52,99	01:01,19	01:00,05	01:00,23	00:59,24	00:59,31	00:59,58	00:59,88	00:59,16	00:59,71	00:58,68	00:59,10	00:57,92	00:57,91	00:57,47	200 papill	00:06,45	00:06,00	00:05,65	00:05,16	00:05,54	00:04,91	00:04,50	00:04,49		
1	01:54,62	01:55,05	01:57,57	01:57,59	01:56,47	01:56,49	01:56,70	01:57,85	02:16,27	02:11,41	02:11,79	02:11,38	02:08,37	02:11,59	02:07,11	02:08,06	02:10,89	02:07,67	02:07,68	02:02,71	02:02,30	02:01,93	1	00:21,65	00:13,01	00:13,32	00:10,08	00:11,21	00:06,22	00:05,60	00:04,08		
2	01:58,76	01:56,88	01:58,66	01:59,72	01:58,50	01:58,17	01:58,04	01:58,24	02:19,99	02:16,12	02:19,57	02:11,99	02:10,77	02:14,02	02:11,57	02:11,77	02:15,23	02:11,68	02:12,68	02:05,56	02:05,73	02:05,32	2	00:21,23	00:14,89	00:16,57	00:11,96	00:14,18	00:07,39	00:07,69	00:07,08		
3	02:01,61	01:56,97	01:58,98	02:00,95	01:58,96	01:58,45	01:59,17	01:59,25	02:23,89	02:16,89	02:20,38	02:12,39	02:10,82	02:16,36	02:19,85	02:14,06	02:23,27	02:13,19	02:15,89	02:08,16	02:09,19	02:09,03	3	00:22,28	00:17,09	00:24,29	00:12,24	00:16,93	00:09,71	00:10,02	00:09,78		
8	02:05,19	02:01,03	02:03,24	02:04,45	02:02,70	02:01,99	02:02,67	02:02,20	02:33,20	02:24,40	02:26,29	02:18,68	02:20,40	02:23,17	02:27,77	02:25,79	02:41,63	02:20,98	02:25,47	02:20,65	02:15,74	02:14,77	8	00:28,01	00:24,76	00:30,39	00:18,53	00:22,77	00:18,66	00:13,07	00:12,57		
16	02:07,68	02:04,65	02:05,99	02:05,96	02:05,02	02:04,82	02:03,79	02:04,28	02:48,24	02:47,99	02:39,31	02:41,74	02:38,84	02:45,46	03:01,51	02:34,46	02:38,42	02:32,37	02:25,45	02:22,23	16	#####	00:40,81	00:55,52	00:28,50	00:33,40	00:27,55	00:21,66	00:17,95				
200 4N	02:01,57	01:58,92	02:00,89	02:01,73	02:00,33	01:59,98	02:00,07	02:00,36	02:23,34	02:23,41	02:19,51	02:20,49	02:17,93	02:21,38	02:21,03	02:21,03	02:30,51	02:17,60	02:20,03	02:13,89	02:11,68	02:10,66	200 4N	00:21,77	00:22,11	00:29,62	00:15,86	00:19,70	00:13,91	00:11,61	00:10,29		
1	02:03,54	01:59,58	02:03,33	02:02,96	02:01,18	02:00,52	01:57,40	01:57,06	02:16,04	02:14,84	02:15,60	02:12,34	02:11,35	02:09,71	02:16,30	02:12,95	02:12,34	02:14,08	02:12,23	02:10,29	02:06,91	02:09,89	1	00:12,50	00:13,37	00:09,01	00:11,12	00:11,05	00:09,77	00:09,51	00:12,83		
2	02:03,66	02:00,38	02:03,39	02:03,00	02:01,73	02:01,29	02:02,32	02:02,51	02:17,30	02:18,12	02:16,34	02:12,46	02:14,00	02:16,86	02:16,35	02:15,56	02:15,13	02:15,72	02:13,56	02:11,87	02:10,50	02:10,25	2	00:13,64	00:15,18	00:11,74	00:12,72	00:11,83	00:10,58	00:08,18	00:07,74		
3	02:04,65	02:03,24	02:03,98	02:03,59	02:02,58	02:03,05	02:02,52	02:02,59	02:18,06	02:18,45	02:17,10	02:14,37	02:14,76	02:17,21	02:17,82	02:16,31	02:15,65	02:16,53	02:14,17	02:13,28	02:11,35	02:10,38	3	00:13,41	00:13,07	00:11,67	00:12,94	00:11,59	00:10,23	00:08,83	00:07,79		
8	02:06,27	02:04,62	02:05,12	02:04,97	02:04,49	02:04,38	02:03,83	02:03,97	02:21,60	02:21,61	02:21,50	02:20,50	02:18,38	02:20,53	02:20,47	02:21,72	02:22,31	02:18,71	02:19,29	02:15,57	02:15,55	02:14,82	8	00:15,33	00:17,10	00:17,19	00:13,74	00:14,80	00:11,19	00:11,72	00:10,85		
16	02:08,96	02:06,42	02:07,27	02:06,71	02:06,39	02:06,00	02:06,11	02:05,69	02:25,60	02:27,00	02:25,51	02:23,90	02:22,66	02:23,42	02:25,41	02:25,82	02:26,21	02:24,46	02:22,71	02:21,78	02:19,77	02:19,33	16	00:16,64	00:19,40	00:18,94	00:17,75	00:16,32	00:15,78	00:13,66	00:13,64		
400 4N	02:05,42	02:02,85	02:04,62	02:04,25	02:03,27	02:03,05	02:02,44	02:02,36	02:19,72	02:20,00	02:19,21	02:16,71	02:16,23	02:17,55	02:19,27	02:18,47	02:18,33	02:17,90	02:16,39	02:14,56	02:12,82	02:12,93	400 4N	00:14,30	00:15,62	00:13,71	00:13,65	00:13,12	00:11,51	00:10,38	00:10,57		
1	04:19,19	04:16,97	04:17,75	04:22,22	04:20,27	04:20,03	04:13,11	04:13,94	04:50,37	04:41,04	04:34,00	04:38,84	04:37,79	04:39,67	04:51,30	04:45,64	04:45,74	04:47,19	04:40,40	04:34,26	04:35,65	04:35,80	1	00:31,18	00:28,67	00:27,99	00:24,97	00:20,13	00:14,23	00:22,54	00:21,86		
2	04:21,29	04:17,85	04:21,61	04:22,69	04:22,57	04:22,42	04:21,17	04:20,70	04:55,17	04:55,75	04:56,93	04:44,42	04:43,71	04:45,24	04:52,34	04:55,17	04:51,89	04:56,85	04:48,72	04:44,00	04:37,54	04:37,90	2	00:33,88	00:37,32	00:30,28	00:34,16	00:26,15	00:21,58	00:16,37	00:17,20		
3	04:22,83	04:19,87	04:25,67	04:24,38	04:23,57	04:23,33	04:21,19	04:22,26	05:03,11	04:59,50	04:57,69	04:54,45	04:50,58	04:58,97	04:58,87	04:59,49	04:58,41	04:57,94	04:56,90	04:44,25	04:41,39	04:46,77	3	00:40,28	00:39,62	00:32,74	00:33,56	00:20,92	00:20,20	00:24,51			
8	04:29,75	04:26,70	04:30,18	0																													

EVOLUTION DES PERFORMANCES FEMININES CENTRE VAL DE LOIRE/ France

Rang	Evolution France								Evolution Région Centre Val de Loire										Rang	Ecart Meilleure perf francaise/Centre Val de Loire											
50 NL	2002	2009	2010	2012	2014	2016	2017	2018	2002	2003	2004	2005	2006	2007	2008	2009	2010	2012	2015	2016	2017	2018	50 NL	2002	2009	2010	2012	2015	2016	2017	2018
1	00:26,14	00:24,58	00:25,36	00:24,94	00:24,76	00:24,59	00:24,54	00:24,66	00:27,23	00:27,98	00:26,99	00:27,28	00:27,10	00:26,85	00:27,78	00:27,65	00:27,21	00:27,24	00:27,58	00:27,43	00:26,85	00:27,00	1	00:01,09	00:03,07	00:01,85	00:02,30	00:02,82	00:02,84	00:02,31	00:02,34
2	00:26,47	00:25,32	00:25,61	00:25,77	00:25,36	00:25,13	00:25,06	00:24,85	00:27,94	00:28,08	00:27,91	00:27,69	00:27,43	00:27,55	00:28,00	00:27,72	00:27,35	00:27,57	00:27,90	00:27,67	00:26,87	00:27,33	2	00:01,47	00:02,40	00:01,74	00:01,80	00:02,54	00:02,54	00:01,81	00:02,48
3	00:26,47	00:25,39	00:25,67	00:26,00	00:25,41	00:25,26	00:25,11	00:25,23	00:28,46	00:28,29	00:28,13	00:27,77	00:27,75	00:28,10	00:28,00	00:27,75	00:27,66	00:27,79	00:28,08	00:27,95	00:27,69	00:27,35	3	00:01,99	00:02,36	00:01,99	00:01,79	00:02,67	00:02,69	00:02,58	00:02,12
8	00:26,92	00:25,90	00:26,16	00:26,22	00:25,82	00:25,65	00:25,76	00:25,80	00:29,07	00:28,90	00:28,86	00:28,63	00:28,62	00:28,45	00:28,42	00:28,36	00:28,99	00:28,37	00:28,47	00:28,45	00:28,31	00:28,23	8	00:02,15	00:02,46	00:02,83	00:02,15	00:02,65	00:02,80	00:02,55	00:02,43
16	00:27,22	00:26,54	00:26,64	00:26,49	00:26,26	00:26,26	00:26,17	00:26,22	00:29,72	00:29,51	00:29,39	00:29,26	00:29,20	00:29,27	00:29,01	00:29,10	00:29,61	00:29,04	00:29,01	00:28,87	00:29,01	00:29,32	16	00:02,50	00:02,56	00:02,97	00:02,55	00:02,75	00:02,84	00:02,84	00:03,10
100 NL	00:26,64	00:25,55	00:25,89	00:25,88	00:25,52	00:25,38	00:25,33	00:25,35	00:28,48	00:28,55	00:28,26	00:28,13	00:28,02	00:28,04	00:28,24	00:28,12	00:28,16	00:28,00	00:28,21	00:28,07	00:27,75	00:27,85	100 NL	00:01,84	00:02,57	00:02,28	00:02,12	00:02,69	00:02,70	00:02,42	00:02,49
1	00:56,09	00:53,49	00:54,91	00:54,40	00:53,94	00:53,80	00:53,65	00:52,74	00:57,87	00:58,11	00:59,28	00:59,40	00:58,70	00:56,23	00:58,73	00:58,16	00:57,49	00:56,39	00:58,38	00:58,65	00:58,29	00:58,15	1	00:01,78	00:04,67	00:02,58	00:01,99	00:04,44	00:04,85	00:04,64	00:05,41
2	00:56,87	00:54,47	00:55,73	00:54,93	00:53,98	00:54,10	00:54,27	00:53,53	01:00,01	00:59,82	00:59,73	01:00,19	00:58,74	00:59,30	00:59,73	00:58,97	01:00,18	00:59,12	00:59,03	00:58,83	00:58,81	00:58,60	2	00:03,14	00:04,50	00:04,45	00:04,19	00:05,05	00:04,73	00:04,54	00:05,07
3	00:57,13	00:55,32	00:55,79	00:55,49	00:54,94	00:54,44	00:54,55	00:54,48	01:00,29	01:00,60	01:00,41	01:00,41	00:59,39	00:01,41	01:00,85	00:59,32	01:00,33	00:59,97	00:59,76	00:59,22	00:59,85	00:59,33	3	00:03,16	00:04,00	00:04,54	00:04,48	00:04,82	00:04,78	00:05,30	00:04,85
8	00:57,52	00:55,81	00:56,37	00:56,20	00:55,67	00:55,46	00:56,05	00:55,75	01:03,08	01:02,54	01:02,71	01:01,95	01:01,42	01:01,64	01:02,65	01:02,28	01:02,98	01:01,60	01:00,66	01:01,18	01:01,77	01:00,68	8	00:05,56	00:06,47	00:06,61	00:05,40	00:04,99	00:05,72	00:05,72	00:04,93
16	00:58,53	00:57,12	00:57,19	00:56,97	00:56,56	00:56,59	00:56,93	00:56,64	01:06,09	01:04,70	01:04,00	01:03,40	01:03,29	01:03,45	01:03,88	01:03,60	01:04,53	01:02,88	01:03,14	01:02,59	01:02,77	01:03,01	16	00:07,56	00:06,48	00:07,34	00:05,91	00:06,58	00:06,00	00:05,84	00:06,37
200 NL	00:57,23	00:55,24	00:56,00	00:55,60	00:55,02	00:54,88	00:55,09	00:54,63	01:01,47	01:01,15	01:01,23	01:01,07	01:00,31	00:48,41	01:01,17	01:00,47	01:01,10	00:59,99	01:00,19	01:00,09	01:00,30	00:59,95	200 NL	00:04,24	00:05,22	00:05,10	00:04,39	00:05,18	00:05,22	00:05,21	00:05,33
1	01:59,63	01:56,79	01:56,92	01:54,66	01:56,16	01:56,26	01:55,80	01:54,95	02:02,08	02:01,42	02:04,98	02:06,32	02:02,97	02:01,11	02:06,78	02:06,13	02:04,28	01:59,16	02:06,01	02:05,36	02:05,16	02:05,36	1	00:02,45	00:09,34	00:07,36	00:04,50	00:09,85	00:09,10	00:09,36	00:10,41
2	02:02,08	01:57,84	01:58,23	01:58,14	01:57,49	01:57,18	01:58,70	01:58,14	02:07,13	02:07,26	02:07,51	02:06,94	02:07,32	02:08,27	02:07,83	02:08,74	02:09,94	02:09,33	02:07,64	02:05,38	02:05,90	02:05,56	2	00:05,05	00:10,90	00:11,71	00:11,19	00:10,15	00:08,20	00:07,20	00:07,42
3	02:03,06	01:58,44	01:59,27	01:58,23	01:58,97	01:59,16	01:59,89	01:58,18	02:07,99	02:08,08	02:07,83	02:11,43	02:10,17	02:08,42	02:13,45	02:09,80	02:13,86	02:09,34	02:08,66	02:05,41	02:08,42	02:08,81	3	00:04,93	00:11,36	00:14,59	00:11,11	00:09,69	00:06,25	00:08,53	00:10,63
8	02:04,75	02:01,29	02:01,33	02:01,02	02:00,54	02:01,03	02:01,67	02:01,48	02:16,84	02:15,73	02:16,53	02:15,76	02:14,70	02:15,43	02:15,08	02:16,99	02:18,50	02:13,91	02:12,11	02:13,04	02:12,56	02:12,77	8	00:12,09	00:15,70	00:17,17	00:12,89	00:11,57	00:12,01	00:10,89	00:11,29
16	02:06,96	02:03,86	02:03,96	02:03,81	02:02,63	02:02,37	02:03,86	02:03,13	02:28,78	02:25,57	02:21,68	02:21,93	02:21,74	02:21,50	02:21,00	02:20,12	02:23,21	02:18,14	02:18,29	02:16,41	02:17,56	02:17,77	16	00:21,82	00:16,26	00:19,25	00:14,33	00:15,66	00:14,04	00:13,70	00:14,64
400 NL	02:03,30	01:59,64	01:59,94	01:59,17	01:59,16	01:59,20	01:59,98	01:59,18	02:12,56	02:11,61	02:11,71	02:12,48	02:11,38	02:10,95	02:12,83	02:12,36	02:13,96	02:09,98	02:10,54	02:09,12	02:09,92	02:10,05	400 NL	00:09,27	00:12,71	00:14,02	00:10,80	00:11,38	00:09,92	00:09,94	00:10,88
1	04:15,03	04:03,29	04:05,40	04:01,13	04:05,73	04:03,40	04:10,95	04:08,18	04:15,03	04:14,70	04:21,01	04:22,51	04:20,28	04:17,77	04:33,20	04:30,75	04:23,18	04:12,64	04:21,50	04:21,05	04:22,04	04:21,80	1	00:00,00	00:27,46	00:17,78	00:11,51	00:15,77	00:17,65	00:11,09	00:13,62
2	04:15,47	04:04,54	04:05,40	04:03,56	04:07,42	04:10,85	04:12,11	04:12,84	04:23,83	04:26,73	04:28,73	04:24,80	04:27,90	04:35,08	04:37,64	04:31,78	04:31,75	04:25,58	04:29,34	04:25,01	04:25,29	04:25,09	2	00:08,36	00:27,24	00:26,35	00:22,02	00:21,92	00:14,16	00:13,18	00:12,25
3	04:19,34	04:06,13	04:05,49	04:07,47	04:11,81	04:11,94	04:13,04	04:12,89	04:31,74	04:30,33	04:30,27	04:34,51	04:42,40	04:37,78	04:38,98	04:32,84	04:44,68	04:37,62	04:32,45	04:27,90	04:33,68	3	00:12,40	00:26,71	00:39,19	00:30,15	00:20,64	00:15,96	00:12,26	00:20,79	
8	04:21,89	04:15,88	04:19,74	04:16,67	04:15,76	04:13,00	04:16,79	04:20,70	04:54,00	04:50,62	04:47,27	04:52,27	04:57,75	04:50,39	04:49,45	04:50,84	05:01,51	04:43,21	04:38,55	04:40,14	04:42,25	04:45,29	8	00:32,11	00:34,96	00:41,77	00:26,54	00:22,79	00:27,14	00:25,46	00:24,59
16	04:26,35	04:21,40	04:22,06	04:21,79	04:21,14	04:18,44	04:19,98	04:21,80	05:07,53	05:11,62	05:06,68	05:07,15	05:11,25	05:04,25	05:03,47	04:58,76	05:11,35	04:51,35	04:51,06	04:51,36	04:53,31	04:53,49	16	00:41,18	00:37,36	00:49,29	00:29,56	00:29,92	00:32,92	00:33,33	00:31,69
800 NL	04:19,62	04:10,25	04:11,62	04:10,12	04:12,37	04:11,53	04:14,57	04:15,28	04:38,43	04:38,80	04:38,79	04:40,25	04:43,92	04:41,05	04:44,55	04:40,99	04:46,49	04:34,08	04:34,58	04:33,09	04:33,64	04:35,87	800 NL	00:18,81	00:30,75	00:34,88	00:23,96	00:22,21	00:21,57	00:19,06	00:20,59
1	08:39,09	08:25,32	08:24,00	08:23,60	08:29,58	08:28,63	08:33,56	08:36,44	08:58,88	08:49,73	09:08,77	09:12,23	09:07,23	08:57,54	09:22,35	09:21,05	09:16,88	09:05,22	09:02,61	08:57,69	09:04,77	09:11,51	1	00:19,79	00:55,73	00:52,88	00:41,62	00:33,03	00:29,06	00:31,21	00:35,07
2	08:52,71	08:26,35	08:31,53	08:27,15	08:31,10	08:33,68	08:36,56	08:39,19	09:07,25	09:10,05	09:20,90	09:28,34	09:10,69	09:16,36	09:23,19	09:27,94	10:02,38	09:29,15	09:18,44	09:12,69	09:06,31	09:29,36	2	00:14,54	01:01,59	01:30,85	01:02,00	00:47,34	00:39,01	00:29,75	00:50,17
3	08:53,34	08:31,85	08:36,30	08:45,10	08:42,07	08:39,08	08:40,35	08:44,31	09:16,55	09:13,90	09:24,85	09:40,47	09:33,86	09:25,97	09:33,11	09:49,43	10:11,77	09:31,80	09:23,11	09:22,43	09:07,27	09:37,42	3	00:23,21	01:17,58	01:35,47	00:46,70	00:41,04			

Rang	Evolution France								Evolution Région Centre Val de Loire										Rang	Ecart Meilleure perf française/Centre													
	2002	2009	2010	2012	2015	2016	2017	2018	2002	2003	2004	2005	2006	2007	2008	2009	2010	2012		2015	2016	2017	2018	2002	2009	2010	2012	2015	2016	2017	2018		
50 dos	1	00:29,44	00:28,76	00:29,19	00:28,13	00:28,01	00:28,58	00:28,21	00:27,86	00:31,61	00:31,67	00:31,92	00:32,24	00:31,68	00:31,83	00:31,52	00:31,35	00:30,30	00:29,14	00:30,03	00:29,76	00:29,80	00:30,57	1	00:02,17	00:02,59	00:01,11	00:01,01	00:02,02	00:01,18	00:01,59	00:02,71	
	2	00:29,61	00:29,03	00:29,39	00:29,03	00:28,16	00:28,67	00:28,43	00:28,29	00:32,98	00:31,90	00:32,72	00:32,65	00:31,91	00:31,98	00:31,63	00:31,58	00:31,55	00:31,35	00:31,73	00:30,25	00:30,97	00:30,60	2	00:03,37	00:02,55	00:02,16	00:02,32	00:03,57	00:01,58	00:02,54	00:02,31	
	3	00:30,18	00:29,16	00:29,42	00:29,11	00:28,61	00:28,68	00:28,73	00:28,64	00:34,47	00:31,98	00:33,05	00:32,96	00:32,82	00:32,09	00:32,16	00:31,84	00:32,62	00:32,03	00:31,93	00:31,92	00:32,05	00:31,07	3	00:04,29	00:02,68	00:03,20	00:02,92	00:03,32	00:03,24	00:03,32	00:02,43	
	8	00:30,95	00:30,27	00:30,30	00:29,65	00:29,31	00:29,23	00:29,30	00:29,02	00:35,32	00:33,62	00:34,22	00:33,88	00:33,43	00:33,29	00:33,87	00:33,73	00:34,20	00:32,48	00:34,09	00:33,39	00:33,49	00:32,68	8	00:04,37	00:03,46	00:03,90	00:02,83	00:04,78	00:04,16	00:04,19	00:03,66	
	16	00:31,53	00:30,56	00:30,54	00:30,23	00:30,02	00:29,88	00:29,89	00:29,68	00:37,34	00:35,56	00:36,59	00:35,17	00:34,97	00:34,35	00:34,57	00:35,25	00:34,72	00:33,37	00:34,58	00:34,46	00:34,40	00:34,38	16	00:05,81	00:04,69	00:04,18	00:03,14	00:04,56	00:04,58	00:04,51	00:04,70	
100 dos		00:30,34	00:29,56	00:29,77	00:29,23	00:28,82	00:29,01	00:28,91	00:28,70	00:34,34	00:32,95	00:33,70	00:33,38	00:32,96	00:32,71	00:32,75	00:32,75	00:32,68	00:31,67	00:32,47	00:31,96	00:32,14	00:31,86	100 dos	00:04,00	00:03,19	00:02,91	00:02,44	00:03,65	00:02,95	00:03,23	00:03,16	
	1	01:01,88	01:00,00	01:00,66	01:00,16	01:00,54	01:00,26	01:00,17	00:59,98	01:06,89	01:07,67	01:09,37	01:07,35	01:06,68	01:06,87	01:07,06	01:08,53	01:04,72	01:03,45	01:05,45	01:03,69	01:04,73	01:05,46	1	00:05,00	00:08,53	00:04,06	00:03,29	00:04,91	00:03,43	00:04,56	00:05,48	
	2	01:02,21	01:00,19	01:01,75	01:00,16	01:01,04	01:00,74	01:00,44	01:01,59	01:07,77	01:09,14	01:09,97	01:08,86	01:08,13	01:08,06	01:08,44	01:08,56	01:07,67	01:06,89	01:08,19	01:04,46	01:04,89	01:06,42	2	01:07,77	00:08,37	00:05,92	00:06,73	00:07,15	00:03,72	00:04,45	00:04,83	
	3	01:03,88	01:01,10	01:02,22	01:00,95	01:01,34	01:01,21	01:00,65	01:01,97	01:09,03	01:09,71	01:10,16	01:09,46	01:09,87	01:08,38	01:09,33	01:09,87	01:09,78	01:07,65	01:09,09	01:06,67	01:06,42	01:06,55	3	00:05,15	00:08,77	00:07,56	00:06,70	00:07,75	00:05,46	00:05,77	00:04,58	
	8	01:05,25	01:03,81	01:04,57	01:03,65	01:02,60	01:02,92	01:03,09	01:02,64	01:15,05	01:12,21	01:13,38	01:11,33	01:11,23	01:11,36	01:12,81	01:13,77	01:13,28	01:10,15	01:12,62	01:11,00	01:11,89	01:11,15	8	00:09,80	00:09,96	00:08,71	00:06,50	00:10,02	00:08,08	00:08,80	00:08,51	
	16	01:07,19	01:05,36	01:05,48	01:05,01	01:04,30	01:04,01	01:04,15	01:04,45	01:18,07	01:15,01	01:17,52	01:16,55	01:15,41	01:14,76	01:15,80	01:16,54	01:17,08	01:12,94	01:14,63	01:14,08	01:14,69	01:14,00	16	00:10,88	00:11,18	00:11,60	00:07,93	00:10,33	00:10,07	00:10,54	00:09,55	
200 dos		01:04,08	01:02,09	01:02,94	01:01,99	00:00,00	01:01,83	01:01,70	01:02,13	01:11,36	01:10,75	01:12,08	01:11,06	01:10,44	01:09,89	01:10,69	01:11,45	01:10,51	01:08,22	01:10,00	01:07,98	01:08,52	01:08,72	200 dos	00:07,28	00:09,36	00:07,57	00:06,23	01:10,00	00:06,15	00:06,82	00:06,59	
	1	02:11,92	02:07,55	02:09,17	02:08,06	02:11,46	02:12,14	02:12,31	02:13,02	02:21,74	02:20,51	02:29,76	02:23,13	02:28,27	02:26,09	02:30,04	02:30,73	02:18,04	02:14,00	02:22,54	02:18,59	02:20,25	02:20,29	1	00:09,82	00:23,18	00:08,87	00:05,94	00:11,08	00:06,45	00:07,94	00:07,27	
	2	02:15,55	02:09,62	02:11,59	02:08,24	02:12,14	02:12,63	02:12,60	02:13,36	02:24,54	02:27,30	02:31,22	02:28,50	02:31,04	02:31,40	02:30,71	02:33,85	02:25,49	02:21,23	02:25,80	02:21,91	02:21,18	02:22,92	2	00:08,99	00:24,23	00:13,90	00:12,99	00:13,66	00:09,28	00:08,58	00:09,56	
	3	02:15,69	02:10,22	02:11,63	02:09,79	02:12,43	02:14,01	02:13,22	02:13,50	02:32,25	02:30,44	02:31,34	02:30,79	02:34,59	02:34,40	02:31,19	02:34,07	02:34,11	02:28,17	02:25,97	02:22,45	02:24,93	02:29,10	3	00:16,56	00:23,85	00:22,48	00:18,38	00:13,54	00:08,44	00:11,71	00:15,60	
	8	02:20,60	02:18,14	02:18,04	02:17,11	02:16,16	02:15,67	02:16,46	02:16,11	02:47,24	02:40,97	02:42,05	02:42,93	02:39,51	02:36,93	02:36,12	02:43,71	02:41,52	02:33,62	02:35,13	02:33,23	02:27,08	02:36,73	8	00:26,64	00:25,57	00:23,48	00:16,51	00:18,97	00:17,56	00:10,62	00:20,62	
	16	02:24,60	02:19,95	02:21,77	02:20,11	02:18,89	02:18,55	02:18,91	02:19,11	02:52,89	02:46,59	02:50,28	02:48,53	02:46,03	02:45,84	02:42,85	02:47,21	02:48,16	02:39,09	02:41,94	02:41,59	02:39,13	02:41,08	16	00:28,29	00:27,26	00:26,39	00:18,98	00:23,05	00:23,04	00:20,22	00:21,97	
50 brasse		02:17,67	02:13,10	02:14,44	02:12,66	02:14,22	02:14,60	02:14,70	02:15,02	02:35,73	02:33,16	02:36,93	02:34,78	02:35,89	02:34,93	02:34,18	02:37,91	02:33,46	02:27,22	02:30,28	02:27,55	02:26,51	02:30,02	50 brasse	00:18,06	00:24,82	00:19,02	00:14,56	00:16,06	00:12,95	00:11,81	00:15,00	
	1	00:32,25	00:30,96	00:32,16	00:32,03	00:31,66	00:31,81	00:31,74	00:31,46	00:34,89	00:35,00	00:34,69	00:34,21	00:34,21	00:34,02	00:34,79	00:34,26	00:35,08	00:34,49	00:34,12	00:33,65	00:33,51	1	00:02,64	00:03,30	00:02,92	00:03,29	00:02,83	00:02,31	00:01,91	00:02,05		
	2	00:32,53	00:31,51	00:32,39	00:32,16	00:31,73	00:31,89	00:31,80	00:32,09	00:36,18	00:35,23	00:35,96	00:35,03	00:34,42	00:34,23	00:34,89	00:34,31	00:35,56	00:35,58	00:36,17	00:34,14	00:33,81	00:33,79	2	00:03,65	00:02,80	00:03,17	00:03,42	00:04,44	00:02,25	00:02,01	00:01,70	
	3	00:33,07	00:31,98	00:32,46	00:32,27	00:31,85	00:31,97	00:31,87	00:32,13	00:36,79	00:36,60	00:36,58	00:35,80	00:34,92	00:34,71	00:34,90	00:35,95	00:36,05	00:36,24	00:36,52	00:36,29	00:34,20	00:33,85	3	00:03,72	00:03,97	00:03,59	00:03,97	00:04,67	00:04,32	00:02,33	00:01,72	
	8	00:33,82	00:33,30	00:33,14	00:33,18	00:32,73	00:32,54	00:32,76	00:32,50	00:38,25	00:37,05	00:39,37	00:37,50	00:36,60	00:36,87	00:37,99	00:37,83	00:37,91	00:37,27	00:36,82	00:36,50	00:35,92	8	00:04,43	00:04,69	00:04,69	00:04,73	00:04,54	00:04,28	00:03,74	00:03,42		
	16	00:34,65	00:33,71	00:33,86	00:33,60	00:33,32	00:33,21	00:33,04	00:33,04	00:39,71	00:39,63	00:41,10	00:38,79	00:38,47	00:38,97	00:38,72	00:39,48	00:40,03	00:39,10	00:38,25	00:37,96	00:38,06	00:37,34	16	00:05,06	00:05,77	00:06,17	00:05,50	00:04,93	00:04,75	00:05,02	00:04,30	
100 brasse		00:33,26	00:32,29	00:32,80	00:32,65	00:32,26	00:32,28	00:32,24	00:32,24	00:37,16	00:36,70	00:37,54	00:36,27	00:35,72	00:35,82	00:36,03	00:36,40	00:36,91	00:36,83	00:36,54	00:35,87	00:35,24	00:34,88	100 brasse	00:03,90	00:04,11	00:04,11	00:04,18	00:04,28	00:03,58	00:03,00	00:02,64	
	1	01:10,28	01:08,37	01:09,75	01:09,07	01:08,20	01:08,61	01:09,18	01:08,29	01:16,99	01:18,16	01:16,73	01:15,81	01:16,31	01:15,12	01:14,53	01:13,16	01:17,52	01:18,95	01:17,48	01:15,83	01:13,03	01:12,04	1	00:06,71	00:04,79	00:07,11	00:04,18	00:04,88	00:09,28	00:07,22	00:03,85	00:03,75
	2	01:10,35	01:08,41	01:09,78	01:09,81	01:08,34	01:08,88	01:09,57	01:09,57	01:19,35	01:18,38	01:18,05	01:16,18	01:16,79	01:15,54	01:15,09	01:15,15	01:19,57	01:19,83	01:18,21	01:18,66	01:13,75	01:13,71	2	00:09,00	00:06,74	00:09,79	00:10,02	00:09,87	00:09,78	00:04,18	00:04,14	
	3	01:11,91	01:08,48	01:10,65	01:10,13	01:09,44	01:09,43	01:09,69	01:10,07	01:19,66	01:18,88	01:18,22	01:18,23	01:17,67	01:15,71	01:15,36	01:20,72	01:19,62	01:20,69	01:20,10	01:18,79	01:16,64	01:13,98	3	00:07,75	00:12,24	00:08,97	00:10,56	00:10,66	00:09,36	00:06,95	00:03,91	
	8	01:13,87	01:11,30	01:11,76	01:12,19	01:10,60	01:10,46	01:11,12	01:11,20	01:23,14	01:21,49	01:22,05	01:21,07	01:20,64	01:21,15	01:21,44	01:22,12	01:24,18	01:23,28	01:20,91	01:21,68	01:20,71	01:19,66	8	00:09,27	00:10,82	00:12,42	00:11,09	00:10,31	00:11,22	00:09,59	00:08,46	
	16	01:15,49	01:13,16	01:13,37	01:13,75	01:12,03	01:11,92	01:12,07	01:12,55	01:27,21	01:25,44	01:26,48	01:24,07	01:24,81	01:26,11	01:25,23	01:27,26	01:28,98	01:25,65	01:23,86	01:23,29</												

Rang	Evolution France								Evolution Région Centre Val de Loire												Rang	Ecart Meilleure perf française/Centre										
	2002	2009	2010	2012	2015	2016	2017	2018	2002	2003	2004	2005	2006	2007	2008	2009	2010	2012	2015	2016		2017	2018	50 papillon	2002	2009	2010	2012	2015	2016	2017	2018
50 papillon																																
1	00:27,74	00:25,87	00:25,89	00:26,48	00:25,92	00:25,84	00:25,63	00:25,63	00:29,84	00:29,46	00:29,39	00:29,43	00:28,85	00:28,73	00:29,63	00:28,71	00:28,63	00:28,99	00:29,17	00:28,75	00:27,63	00:28,13	1	00:02,10	00:02,84	00:02,74	00:02,51	00:03,25	00:02,91	00:02,00	00:02,50	
2	00:27,87	00:26,12	00:26,96	00:26,64	00:26,03	00:26,49	00:25,79	00:26,16	00:30,29	00:29,78	00:29,47	00:29,85	00:29,18	00:29,39	00:29,69	00:29,04	00:28,70	00:29,58	00:29,29	00:28,90	00:28,38	00:28,56	2	00:02,42	00:02,92	00:01,74	00:02,94	00:03,26	00:02,41	00:02,59	00:02,40	
3	00:27,91	00:26,84	00:27,06	00:26,72	00:26,46	00:26,61	00:26,32	00:26,20	00:30,50	00:30,04	00:29,60	00:29,93	00:29,95	00:29,58	00:29,72	00:29,76	00:30,53	00:29,68	00:29,92	00:29,57	00:29,39	00:29,58	3	00:02,59	00:02,92	00:03,47	00:02,96	00:03,46	00:02,96	00:03,07	00:03,38	
8	00:28,84	00:27,60	00:27,71	00:27,28	00:27,43	00:27,32	00:27,27	00:27,25	00:32,28	00:31,26	00:31,26	00:31,26	00:31,48	00:30,63	00:30,92	00:31,96	00:30,14	00:30,45	00:30,56	00:30,77	00:30,58	00:30,58	8	00:03,44	00:03,03	00:04,25	00:02,86	00:03,02	00:03,24	00:03,50	00:03,33	
16	00:29,50	00:27,84	00:28,21	00:28,13	00:27,89	00:27,83	00:27,85	00:27,80	00:33,26	00:33,06	00:32,54	00:32,34	00:32,74	00:31,36	00:31,54	00:31,36	00:32,90	00:31,63	00:31,79	00:31,58	00:31,99	00:31,23	16	00:03,76	00:03,52	00:04,69	00:03,50	00:03,90	00:03,75	00:04,14	00:03,43	
100 papillon	00:28,37	00:26,85	00:27,17	00:27,05	00:26,75	00:26,82	00:26,57	00:26,61	00:31,23	00:30,72	00:30,45	00:30,56	00:30,44	00:29,94	00:30,30	00:29,90	00:30,54	00:30,00	00:30,12	00:29,87	00:29,63	00:29,62	100 papillon	00:02,86	00:03,05	00:03,38	00:02,95	00:03,38	00:03,05	00:03,06	00:03,01	
1	01:01,02	00:56,89	00:58,58	00:58,37	00:58,35	00:58,38	00:57,53	00:58,13	01:04,22	01:03,85	01:03,60	01:04,98	01:04,02	01:03,31	01:05,90	01:05,76	01:04,35	01:05,48	01:03,14	01:02,45	01:02,06	01:02,06	1	00:03,20	00:08,87	00:05,77	00:07,09	00:07,13	00:04,76	00:04,92	00:03,93	
2	01:01,17	00:58,64	00:58,74	00:59,55	00:58,57	00:58,48	00:58,03	00:59,60	01:07,19	01:07,62	01:05,95	01:05,88	01:06,56	01:06,67	01:07,35	01:05,88	01:05,55	01:05,81	01:05,67	01:04,63	01:03,01	01:02,84	2	00:06,02	00:07,24	00:06,81	00:06,26	00:07,10	00:06,15	00:04,98	00:03,24	
3	01:01,91	00:58,97	00:59,20	00:59,71	00:59,56	00:59,72	01:01,04	00:59,65	01:10,92	01:10,20	01:06,82	01:06,84	01:07,16	01:06,94	01:07,78	01:06,19	01:07,59	01:05,86	01:05,88	01:04,81	01:04,52	01:03,33	3	00:09,01	00:07,22	00:08,39	00:06,15	00:06,32	00:05,09	00:03,48	00:03,68	
8	01:03,68	01:00,67	01:01,09	01:00,87	01:00,81	01:01,26	01:01,68	01:01,30	01:12,18	01:12,30	01:10,17	01:10,12	01:12,05	01:10,06	01:11,17	01:10,19	01:14,25	01:09,22	01:07,31	01:08,84	01:08,99	01:09,09	8	00:08,50	00:09,52	00:13,16	00:08,35	00:06,50	00:07,58	00:07,31	00:07,79	
16	01:04,32	01:02,13	01:02,67	01:02,07	01:02,16	01:02,30	01:02,44	01:02,19	01:17,59	01:15,82	01:13,18	01:15,22	01:17,70	01:13,28	01:14,17	01:14,17	01:19,10	01:12,72	01:11,94	01:11,81	01:13,96	01:11,64	16	00:13,27	00:12,04	00:16,43	00:10,65	00:09,78	00:09,51	00:11,52	00:09,45	
200 papillon	01:02,42	00:59,46	01:00,06	01:00,11	00:59,89	01:00,03	01:00,14	01:00,17	01:10,42	01:09,96	01:07,94	01:08,61	01:09,50	01:08,05	01:09,27	01:08,44	01:10,17	01:07,81	01:07,26	01:06,65	01:06,59	01:05,79	200 papillon	00:08,00	00:08,98	00:10,11	00:07,70	00:07,37	00:06,62	00:06,44	00:05,62	
1	02:11,95	02:05,09	02:08,87	02:09,41	02:08,54	02:07,87	02:09,32	02:11,83	02:20,80	02:19,82	02:19,46	02:32,28	02:37,86	02:26,72	02:36,20	02:24,70	02:23,50	02:21,28	02:23,35	02:22,57	02:19,68	02:17,90	1	00:08,95	00:19,61	00:14,63	00:11,87	00:14,81	00:14,70	00:10,36	00:06,07	
2	02:13,17	02:08,40	02:09,52	02:09,67	02:08,74	02:11,82	02:12,31	02:12,77	02:36,65	02:39,03	02:33,06	02:34,99	02:39,86	02:31,70	02:38,52	02:34,69	02:29,64	02:23,75	02:28,86	02:23,82	02:22,74	02:23,43	2	00:23,48	00:26,29	00:20,12	00:14,08	00:20,12	00:12,00	00:10,43	00:10,66	
3	02:15,63	02:09,93	02:10,65	02:11,61	02:09,87	02:13,69	02:13,69	02:13,33	02:37,84	02:40,00	02:32,98	02:38,38	02:48,91	02:38,92	02:35,09	02:30,11	02:23,89	02:29,48	02:24,52	02:24,67	02:24,42	02:24,42	3	00:22,21	00:25,16	00:19,46	00:12,28	00:19,61	00:10,83	00:10,98	00:11,09	
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16	02:23,11	02:19,30	02:20,99	02:21,05	02:19,25	02:19,00	02:18,87	02:18,02							03:11,66	03:31,45	03:07,81	03:04,38		02:57,70	02:50,89	16	#####	00:52,36	01:10,46	00:46,76	00:45,13	#####	00:38,83	00:32,87		
200 4N	02:16,50	02:11,61	02:13,46	02:13,87	02:12,57	02:13,80	02:14,21	02:14,52	02:31,80	02:38,88	02:34,20	02:42,61	02:46,76	02:38,86	02:43,61	02:44,21	02:48,28	02:37,59	02:37,84	02:27,93	02:33,86	02:30,49	200 4N	00:15,29	00:32,60	00:34,82	00:23,72	00:25,27	00:14,13	00:19,65	00:15,96	
1	02:16,95	02:09,37	02:10,48	02:13,97	02:12,14	02:12,68	02:13,58	02:11,71	02:24,00	02:27,22	02:29,34	02:26,13	02:21,25	02:20,37	02:28,92	02:28,23	02:28,64	02:29,52	02:25,27	02:24,47	02:23,12	02:24,64	1	00:07,05	00:18,86	00:18,16	00:15,55	00:13,13	00:11,79	00:09,54	00:12,93	
2	02:17,03	02:12,84	02:13,23	02:14,88	02:12,32	02:13,98	02:13,68	02:12,68	02:28,37	02:29,81	02:29,46	02:26,19	02:28,81	02:25,80	02:30,41	02:29,30	02:28,78	02:30,04	02:25,56	02:28,66	02:25,74	02:24,90	2	00:11,34	00:16,46	00:15,55	00:15,16	00:13,24	00:14,68	00:12,06	00:12,22	
3	02:17,66	02:13,06	02:14,31	02:15,86	02:13,27	02:15,05	02:17,08	02:16,55	02:32,09	02:30,89	02:29,63	02:28,85	02:29,14	02:29,37	02:31,12	02:31,10	02:31,35	02:31,30	02:26,44	02:28,81	02:29,74	02:27,69	3	00:14,43	00:18,04	00:17,04	00:15,44	00:13,17	00:12,66	00:11,14	00:11,14	
8	02:20,00	02:17,88	02:19,49	02:20,73	02:18,32	02:18,50	02:20,89	02:20,39	02:36,99	02:36,43	02:35,39	02:35,39	02:34,32	02:32,04	02:34,37	02:35,01	02:39,75	02:32,89	02:32,85	02:33,37	02:33,77	02:34,86	8	00:16,99	00:17,13	00:20,26	00:12,16	00:14,53	00:14,87	00:12,88	00:14,47	
16	02:23,12	02:21,06	02:22,02	02:22,64	02:21,38	02:21,04	02:22,48	02:21,71	02:47,40	02:43,81	02:42,93	02:41,29	02:41,26	02:42,09	02:38,89	02:41,02	02:46,89	02:41,06	02:38,41	02:39,00	02:37,42	02:39,28	16	00:24,28	00:19,96	00:24,87	00:18,42	00:17,03	00:17,96	00:14,94	00:17,57	
400 4N	02:18,95	02:14,84	02:15,91	02:17,62	02:15,49	02:16,25	02:17,54	02:16,61	02:33,77	02:33,63	02:33,35	02:31,57	02:30,96	02:29,93	02:32,74	02:32,93	02:35,08	02:32,96	02:29,71	02:30,86	02:29,96	02:30,27	400 4N	00:14,82	00:18,09	00:19,18	00:15,35	00:14,22	00:14,61	00:12,42	00:13,67	
1	04:47,13	04:39,43	04:42,91	04:40,12	04:37,55	04:36,61	04:41,61	04:34,17	05:01,95	05:12,21	05:11,16	05:07,79	04:59,87	05:01,70	05:24,03	05:18,61	05:10,00	05:17,05	05:00,64	04:58,10	04:58,30	05:01,81	1	00:14,82	00:39,18	00:27,09	00:36,93	00:23,09	00:21,49	00:16,69	00:27,64	
2	04:48,69	04:40,41	04:49,10	04:47,57	04:41,77	04:38,88	04:41,64	04:40,02	05:12,41	05:12,78	05:18,15	05:13,76	05:02,80	05:12,33	05:24,26	05:25,37	05:15,07	05:17,06	05:09,94	05:13,25	05:05,79	05:06,49	2	00:23,72	00:44,96	00:25,97	00:29,49	00:28,17	00:34,37	00:24,15	00:26,47	
3	04:50,36	04:43,92	04:50,27	04:48,79	04:41,81	04:47,75	04:43,65	04:41,14	05:17,34	05:19,19	05:19,44	05:16,40	05:13,15	05:14,84	05:25,46	05:29,29	05:18,52	05:13,27	05:14,50	05:24,49	05:23,17	05:23,17	3	00:26,98	00:45,37	00:34,67	00:29,73	00:31,46	00:26,75	00:40,84	00:42,03	
8	04:58,17	04:55,72	04:56,50	04:56,09	04:54,92	04:58,10	04:58,30	04:57,40	05:43,57	05:40,13	05:45,98	05:38,22	05:47,05	05:33,55	05:44,14	05:58,35	05:53,28	05:37,49	05:30,11	05:28,72	05:36,54	05:35,65	8	00:45,40	01:02,63	00:56,78	00:41,40	00:35,19	00:30,62	00:38,24	00:38,25	
16	05:03,73	04:59,46	05:01,70	05:02,89	05:00,61	05:00,81	05:01,32	05:01,81	06:24,07	06:04,38		06:11,11	06:13,53	05:50,60	06:10,10	06:15,85	06:16,20	06:10,75	05:54,16	05:48,51	05:51,58	06:02,33	16</									